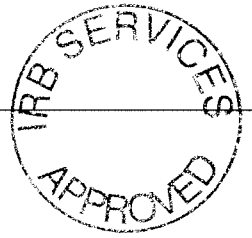


PACKING LIST



Clothing:

Each volunteer is limited to 1 bag and 1 personal item (i.e. purse, briefcase, backpack, computer, etc.) for up to a 2 night stay. For studies that are longer, additional bags may be brought in to a max of 3 bags and 1 personal item. You are **expected** to bring a change of clothes for each day you are in the clinic (confinement less than or equal to 96 hrs).

Shirts

Pants/ Jeans/ Shorts

Pajamas

Undergarments

Socks/ Shoes

Slippers (with rubber soles)

Toiletries:

Comb/brush

Toothbrush

Toothpaste (non whitening)

Mouthwash (no alcohol)

Deodorant

Shampoo/conditioner

- not enriched with vitamins (ex. no vitamin E)
- not medicated (e.g. no Head and Shoulders®)

Soap/Body Wash/Cleansers

- not enriched with vitamins
- not medicated (e.g. no acne cleansers)
- no alcohol

Lotions/Creams

- not enriched with vitamins
- no tanning lotions, sunscreens
- in original bottles or jars only
- with a label written in English
- not medicated

Lip balm/Vaseline

- no LypSyl®, Blistex®

Feminine Products

Miscellaneous:

ID (government issued photo ID)

Lock

Flashlight

Not Permitted to Bring List:

Pornographic material of any kind

Photographic equipment

- cameras
- cell phones, laptops with video/imaging capabilities

Medication (prescribed or over the counter)

- acne creams/cleansers
- vitamins
- nasal sprays
- eye drops (other than contact lens solution)
- ear drops
- antacids, Tums®, Rolaids®
- cough and cold medications (cough drops)
- muscle rubs
- supplements
- pain killers, etc.

Herbal remedies

Natural Products

Street drugs (e.g. marijuana, cocaine)

Alcohol and Alcohol Containing Products

- perfume
- mouthwash
- hair styling products
- wine, beer, coolers
- etc.

Cigarettes, Cigars, Lighters, Matches

- rolling papers
- chewing tobacco
- etc

Weapons

- guns
- sharp objects (knives, scissors, etc.)
- metal objects (screw driver, etc.)

Personal Supply of Food or Drinks

- gum, candies, water, mints, juice